

NORTHCARE NETWORK

POLICY TITLE: Peer Support Specialist/Recovery Coach Services	CATEGORY: Clinical Practices	
EFFECTIVE DATE: 2/2/11	BOARD APPROVAL DATE: 12/4/13	
REVIEWED DATE: 5/10/22	REVISION(S) TO POLICY STATEMENT: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	OTHER REVISION(S): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
RESPONSIBLE PARTY: Clinical Practices Coordinator	CEO APPROVAL DATE: 6/9/22 Dr. Tim Kangas, CEO	

APPLIES TO

NorthCare Network Personnel
Member CMHSPs
Substance Use Disorder Providers

POLICY

Peer Support Specialist Services are available at the five Community Mental Health Service Providers (CMHSPs) in the Upper Peninsula. The five Member CMHSPs are to utilize the state certification program to assure they maintain a qualified workforce of Peer Support Specialists (PSS). Recovery Coaches are utilized to support individuals with substance use disorders and are available through licensed Substance Use Disorder Providers.

PURPOSE

NorthCare Network ensures individuals receiving services across the network have access to peer support services or peer recovery coaches as medically necessary.

DEFINITIONS

1. **Parent Support Partners:** Individual who has lived experience as a parent/caregiver of a child with behavioral /mental health needs and or intellectual /developmental disability including autism and has been trained in the MDHHS approved curriculum and ongoing training model.
2. **Peer Support Specialists (PSS):** are individuals in recovery, living with a serious mental illness, who are trained and have been certified as Peer Support Specialists. They use their experiences to provide recovery-oriented services and support to others with mental illness. PSS services are described in the MDHHS Medicaid Provider Manual.
3. **Peer Recovery Coach:** the name given to peers who have been specifically trained to provide peer recovery support services in Michigan. A Peer Recovery Coach works with individuals during their recovery journey by linking them to community resources. They serve as a personal guide to mentor, helping the individual overcome personal and environmental obstacles.
4. **Youth Peer Support Specialist:** A young adult, age 18 through 28, with lived experience who received or is receiving mental health services as a youth, in complex, child serving systems preferred (behavioral health, child welfare, juvenile justice, special education, etc.), and is employed by PIHP/CMHSP or its contract

providers, **and** is trained in the Michigan Department of Health and Human Services approved curriculum and ongoing training model.

5. **Peer Mentor:** Peer Mentors are individuals with intellectual and developmental disabilities who have a unique skill level from their experience in utilizing services and supports to achieve their goals. Peer Mentoring services provide adults with intellectual and developmental disabilities with opportunities to support, mentor and assist beneficiaries to achieve community inclusion and participation, independence, and productivity.
6. **Peer-Delivered or Peer-Operated Support Services:** Peer-delivered or peer operated support services are programs and services that provide individuals with opportunities to learn and share coping skills and strategies, move into more active assistance and away from passive roles, and to build and/or enhance self-esteem and self-confidence.

REFERENCES

- www.Rand.org Mental Health Consumer Providers—A Guide for Clinical Staff, RAND Health, 2008
- MDHHS/PIHP Contract SUD Technical Advisory- Peer Recovery Support Services https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_45835_48569-133156--,00.html
- Michigan Medicaid Provider Manual-current version

HISTORY

REVISION DATE: 2/2/11, 1/30/13, 11/27/13, 11/5/14, 9/17/15, 8/22/16, 6/28/17, 3/30/18; 1/4/19, 9/15/20

REVIEW DATE: 1/13/11, 1/11/12, 1/30/13, 11/27/13, 11/5/14, 9/17/15, 8/22/16, 6/28/17,3/30/18; 1/4/19, 11/10/19, 9/15/20, 7/19/21, 5/10/22

CEO APPROVAL: 1/30/13, 11/27/13, 11/5/14, 10/6/15, 9/6/16, 7/13/17, 5/10/18, 2/7/19, 12/3/19, 10/6/20, 8/3/21, 6/9/22

BOARD APPROVAL: 2/2/11, 2/6/13, 12/4/13

PROCEDURES

A. NorthCare Network Responsibilities

1. Provide technical assistance to support the recruitment, hiring, and evaluation of staff who meet the requirements to provide Peer Services.
2. Monitor the number of individuals served by Peer Services and assure services are available across the region.

B. Member CMHSP and Substance Use Treatment Providers Responsibilities

1. Offer consumers peer support as medically necessary. Access is provided directly by the Member CMHSP or Substance Use Treatment Provider.
2. Assure Peer Support Specialists (including Youth PSS), Parent Support Partners and Recovery Coaches are provided the appropriate training per MDHHS guidelines and ongoing supervision.
3. Review outcome reports summarizing the use of peer services in both mental health and substance treatment provider networks and take action to increase peer providers when indicated.