

## NORTHCARE NETWORK

<b>POLICY TITLE:</b> Clinical Practices Guideline	<b>CATEGORY:</b> Clinical Practices	
<b>EFFECTIVE DATE:</b> 2/2/11	<b>BOARD APPROVAL DATE:</b> 12/4/13 – Retro to 11/27/13	
<b>REVIEW DATE:</b> 5/2/22	<b>REVISION(S) TO POLICY STATEMENT:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<b>OTHER REVISION(S):</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>RESPONSIBLE PARTY:</b> Clinical Practices Coordinator	<b>CEO APPROVAL DATE:</b> 6/9/22 Dr. Tim Kangas, CEO	

### **APPLIES TO**

NorthCare Network Personnel  
Network Providers

### **POLICY**

NorthCare Network adopts and disseminates practice guidelines for the provision of acute and chronic care services that are relevant to the targeted populations served by the network. Clinical Practice Guidelines are published by NorthCare Network for the individuals and families served by the Member CMHSPs and individuals who are served by Substance Use Treatment Providers. The Practice Guidelines include the Policies and Guidelines to the MDHHS/PIHP Master Contract with MDHHS focused on Best Practice Guidelines written by MDHHS. Other clinical guidelines may be developed by NorthCare Network based on the requirements outlined in the Balanced Budget Act that treatment practices “*Are based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field; consider the needs of the enrollees; are adopted in consultation with contracting health care professionals; and are reviewed and updated periodically as appropriate.*”

### **PURPOSE**

To assist clinicians by providing an analytic framework for the evaluation and treatment of individuals receiving services. The guidelines organize/codify the body of knowledge, skills and information to implement the clinical practices of specialty mental health services and supports and the provision of substance use disorder services.

### **REFERENCES**

- Federal Balanced Budget Act 42CFR 438.236 (b, c & d)
- Michigan Medicaid Managed Specialty Services and Supports Contract
- MDHHS Policies and Practice Guidelines  
<https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/mentalhealth/practiceguidelines>
- NorthCare Network Policy Development  
[www.northcarenetwork.org](http://www.northcarenetwork.org)

### **HISTORY**

REVISION DATE: 1/11/12, 1/30/13, 11/27/13, 11/5/14, 7/7/16, 5/22/17; 3/13/18, 1/4/19, 11/10/19, 1/3/20, 9/24/20, 7/19/21, 5/2/22

REVIEW: 1/13/11, 1/11/12, 1/30/13, 11/27/13, 11/5/14, 9/17/15, 7/7/16, 5/22/17; 3/13/18; 1/4/19, 11/10/19, 1/3/20, 9/24/20, 7/19/21, 5/2/22

CEO APPROVAL: 1/30/13, 11/27/13, 11/5/14, 10/6/15, 8/2/16, 6/6/17, 3/27/18, 2/7/19, 12/3/19, 1/7/20, 9/24/20, 8/3/21, 6/9/22

## **PROCEDURES**

- A. NorthCare Network adopts and provides technical support for the Member CMHSP implementation of all the Practice Guidelines and Technical Requirements with a clinical focus stated in the MDHHS/PIHP Contract Policies and Practice Guidelines located at: <https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/mentalhealth/practiceguidelines>
- B. NorthCare Network Clinical Practice Guidelines include the standard risk assessment tools for all the specialty mental health services. The standardized functional assessments for individuals with serious mental illness; children with serious emotional disturbance and individuals with intellectual/ developmental disorders are done within the context of a comprehensive biopsychosocial assessment upon entry to care. NorthCare Network also develops Clinical Practice Guidelines in other areas of clinical practice when there is regional direction needed to improve or expand clinical services. This may be done in combined effort with SAMHSA, MDHHS or it may be a regional initiative. The guidelines are drafted by workgroups composed of content experts across the region and reviewed by the Clinical Practices Quality Improvement Committee. The Committee makes a recommendation to the CEO and NorthCare Quality Management Committee. Adoption is dependent upon NorthCare Network approval. The NorthCare Network Clinical Practices Guidelines are published on the NorthCare Network website and are available to the provider network and the public. Sections will be reviewed no less than annually and updated as needed. Providers will participate in and be notified of the annual review when completed.
- C. Implementation of Practice Guidelines
- MDHHS Practice Guidelines and MDHHS Technical Requirements are implemented via contract with NorthCare Network and sub-contracts with the Member CMHSPs and Substance Use Treatment Providers.
  - EBPs may be implemented through a grant funded opportunity for training and technical assistance. A regional project team may be created with clinical experts regarding the population for which the EBP is being recommended.
  - The regional Clinical Practices Quality Improvement Committee monitors, evaluates, and suggests improvements in the implementation and sustainability of the Clinical Practice Guidelines through:
    - a. Review of reports submitted to the Committee by the Network Providers outlining EBP implementation and plans for increasing capacity.
    - b. Workplans submitted by the CMHSP and common workplans as indicated.
    - c. Review of fidelity reports for EBP implementation.

- d. Suggestions for improving penetration rates in specific practices.
- e. Supporting workgroups to address regional issues as they arise.

#### D. Dissemination

Clinical Practice Guidelines are published by NorthCare Network for the individuals and families served by the Member CMHSPs and individuals who are served by Substance Use Treatment Providers. Clinical leads at the Member CMHSP's who attend the Clinical Practices Workgroup will be expected to further disseminate the material to their staff. Staff will complete an attestation in the online learning management system indicating they are aware of the updated practice guidelines and know where/how to access them.

SUD providers will be notified of the SUD Operations Manual updates via Network Management and are responsible for disseminating the material to their staff.

The Annual Newsletter, which is sent to open CMHSP consumers, will include information about the Clinical Practice Guidelines being available on the website.