

Access to Mental Health Services in the Upper Peninsula

NorthCare Access Staff will help identify consumer needs and coordinate efficient entry into the mental health system.

Our goal is to be available, accessible, and welcoming to all residents of the Upper Peninsula. NorthCare will employ a sufficient number of qualified staff to meet the access demands and operate with a no-wrong-door philosophy. We will help find the right resources for each caller.

Here are the numbers to call by county for crisis or emergency services. All numbers are in the 906 area code.

County: Local Office / Emergency

Alger: 387-3611 / 1-888-728-4929

Baraga: 524-5885 / 1-800-526-5059

Chippewa: 632-2805 / 1-800-839-9443

Delta: 786-6441 / 1-888-728-4929

Dickinson: 774-0522 / 1-800-750-0522

Gogebic: 229-6120 / 1-800-348-0032

Houghton: 482-9404 / 1-800-526-5059

Iron: 265-5126 / 1-800-750-0522

Keweenaw: 337-5810 / 1-800-526-5059

Luce: 293-3284 / 1-888-728-4929

Mackinac: 643-8616 / 1-800-839-9443

Marquette: 225-1181 / 1-888-728-4929

Menominee 863-7841 / 1-800-750-0522

Ontonagon 884-4804 / 1-800-526-5059

Schoolcraft: 341-2144 / 1-800-839-9443

REMEMBER—EMERGENCY SERVICES ARE ALWAYS AVAILABLE FOR EVERYONE, 24 HOURS A DAY, 7 DAYS A WEEK.

www.northcare-up.org

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NorthCare Network

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Call NorthCare Network:
1-888-906-9060 or
906-225-4433
Fax: 906 225-7352

Emergency Mental Health Services are available 24 hours a day, seven days a week for anyone.



How do individual access Mental Health Services in the UP?

The public mental health system assures access to people for mental health services as quickly and accurately as possible. Screenings for services are completed over the telephone and take up to 30 minutes. Callers are welcomed and screened by a master's level mental health professional. If callers are in crisis they are immediately transferred to a crisis worker.



To access mental health services simply call NorthCare Access at 906-225-4433 or 1-888-906-9060 during normal business hours, Monday—Friday, 8 AM to 5 PM Eastern Time.

Our goal is to empower the consumer to make informed choices about service provision.

What Happens when services are requested?

When a consumer calls for services, a clinician will talk about the individual's concerns. If mental health symptoms meet the criteria for a serious mental illness (adults), serious emotional disturbance (children) or an intellectual/developmental disability (children and adults), an appointment will be scheduled for an initial assessment at the local community mental health office.

Otherwise, based on your concerns and your benefits, we will refer you to an appropriate provider.

Relatives, friends, physicians, people needing information, and others are encouraged to call if they have questions about access to the mental health system. Trained clinicians will discuss different options based on the information provided.

What are the criteria for specialty Mental Health Services?

This is a complicated question and is best determined by a clinician. If consumers are having difficulty functioning in daily life secondary to mental health symptoms then it would be appropriate to call for a screening. We can help find the right provider.

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