

CHAPTER 4

Integrated Dual Disorder Treatment Overview_FY17

Integrated Dual Disorder Treatment is an evidence based practice provided through the ACT teams in the Upper Peninsula. This intensive evidence based practice is one treatment modality on the continuum of care for individuals with co-occurring disorders. According to the Ohio Substance Abuse and Mental Health Coordinating Center of Excellence (CCOE), a successful IDDT program offers comprehensive services because the recovery process occurs in the context of daily living. Services are available to meet the needs of individuals in all stages of treatment. Below is a list of expected services:

- ✚ Case management
- ✚ Family services
- ✚ Integrated substance abuse
- ✚ Assertive community treatment (ACT)
- ✚ Medical services or intensive case management
- ✚ Housing/residential services management
- ✚ Supported employment

Michigan has implemented IDDT teams across the state through a quality improvement process where teams are approved after completing a site review and fidelity study conducted by a state review team. The national General Organization Index for Evidence Based Practices is used as well as the specific fidelity scale for IDDT developed to capture the critical aspects of providing treatment to individuals with serious co- morbid psychiatric and substance abuse conditions. The teams in the Upper Peninsula have each participated in two full reviews demonstrating their competence and commitment to this model of care and ongoing annual training of all the team members.

In FY17, NorthCare and the network providers have the opportunity to expand IDDT beyond the ACT programs. IDDT can be provided within the outpatient programs of the CMHSP or SUD providers through an intensive case management model. Training in that model of delivery is scheduled for June of FY17. After the training, the state MIFAST team is available for site reviews and support.

Supporting documents on the NorthCare website, www.northcare-up.org under the Practice Guidelines Manual

- ✚ IDDT Overview –Ohio CCOE
- ✚ IDDT Fidelity Guidelines
- ✚ IDDT Treatment Tips and Tools
- ✚ General Organizational Index (GOI) Action Planning Tool
- ✚ Substance Abuse Treatment Scale(SATS)
- ✚ Motivational Decisional Balance Worksheet & Protocol