CHAPTER 2
Section 2.3 Person Centered Planning Overview_FY17

The NorthCare Treatment Planning for Integrated Healthcare Policy adopts in entirety the four technical requirements of the MDHHS guidelines directing person centered planning. The first MDHHS guideline is focused on PCP for individual receiving services. This policy is currently being revised to better focus on informed choice particularly in the areas of residential and vocational services. When the revision is adopted, it will replace the current policy in the Practice Guidelines. MDHHS expanded the vision of PCP in the Family Driven-Youth Guided Policy and Guideline by establishing how person centered thinking, when working with children, should incorporate the views, needs and desires of the family as well as the child. The third guideline is the MDHHS Recovery Policy. This policy establishes a recovery orientation as the basis for all the services offered in the public mental health system. Further, it specifies the steps the PIHP and CMHSPs are expected to take to promote this system change.

The fourth technical requirement is about the ability of the individual receiving services or their guardian deciding to utilize a self-determination process to implement their treatment plan. Self Determination is a foundational principle of person centered thinking and the transformation of our system of care toward a recovery based system has increased the awareness and attention to this principle. This document also explains how a fiscal intermediary may be hired to assure proper billing and payment for services under a self-determination arrangement. A brochure to educate individuals and families about self-determination is provided and the resource scale to measure the degree of self-determination for each person served.

Going a bit deeper into PCP--if the array of behavioral health services includes specialty services such as speech therapy or behavioral treatment services, the IPOS must have specific goals and objectives for each specialty service. To assure proper implementation of the IPOS and the specialty service plans, the staff directly providing these services must be trained by the specialty service provider. The standard operating procedure guiding the documentation of that process is listed below.

Supporting documents on the NorthCare website, [www.northcare-up.org](http://www.northcare-up.org) under the Practice Guidelines Manual
- Person Centered Planning
- Family Driven-Youth Guided Policy
- Recovery Policy & Practice Advisory
- Self Determination & Fiscal Intermediary
- NC Treatment Planning for Integrated HealthCare Policy
- NC Coordination of Care Policy
- NC Brochure -Self Determination
- NC Self Determination Resource Scale