

Agency Supported Self-Direction. In the Agency Supported Model, you serve as a 'managing employer' but do not have full employer authority. The 'agency' serves as the employer of record and is responsible for administrative duties of employment, as determined by you. The agency in this model is NOT the CMH but is an outside agency chosen by you.

Purchase of Service Agreements. In the Purchase of Service Model, you choose a non-contracted provider agency or professional provider that is qualified for the service and partner with the CMH to ensure appropriate credentials, training, and qualifications for that provider or agency are met. An FMS processes payment. Payment rates in this model must not conflict with established contract rates for the same service. For this reason, you have the least budget control with this model.

You may also set up a self-directed service arrangement that is a combination of these models.

I'm Interested, Now What?

If you are interested in directing your own services, discuss this with your case manager. They will tell you about the three types of self-directed services and the process of setting up self-directed services.

Additional information can be found here:

https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4900---,00.html

If you have questions or concerns, please call your local Community Mental Health Service Providers (CMHSP) and NorthCare.



Copper Country
1-800-526-5059

Gogebic
906-229-6120

Hiawatha
1-800-839-9443

Northpointe
1-800-750-0522

Pathways
1-888-728-4929

NorthCare Network
1-888-333-8030
906-225-7254



Funding for this brochure is paid for in part by NorthCare Network and Michigan Department of Health and Human Services (MDHHS).

1230 Wilson Street, Marquette, MI 49855

Reviewed 10.13.20

SELF

Determination & Direction



SELF-DIRECTED

❖ Services ❖

Additional Information

What Is Self-Determination and Self-Direction? Self-determination (SD) is the right of all people to have the power to make decisions for themselves, to have free will. The goal of SD is to promote full inclusion in community life and increase belonging for individuals who receive services through a set of principles.

While all individuals have self-determination, some choose to enter into formal arrangements to self-direct their services. Self-Direction, or Self-Directed Services, is a method for moving away from professionally managed models of supports and services. **It is the act of selecting, directing, and managing one's services and supports.** People who self-direct their services can decide how to spend their CMH services budget.



Principles of Self-Determination	Self-Directed Outcome
Freedom	Deciding how to live a good life
Authority	Controlling a targeted amount of dollars
Support	Organizing resources in ways that are life enhancing and meaningful
Responsibility	Using public funds wisely
Confirmation	Having a role in redesigning the service system

Self-Directed Services Has Key Elements. If you enter into a self-directed arrangement, you have:

Employer Authority. This means that you are the employer. You recruit, hire, supervise, and fire your support staff.

Budget Authority. You decide how to spend your budget. The budget is determined as part of the person-centered planning process and is a fixed amount of public mental health funds that can be spent on your services.

Access to Financial Management Services. The Financial Management Service provider assists with payroll processing, taxes, budget management, and other fiscal aspects of employing staff.

You also have the right to end self-directed services at any time and return to traditional services.

Types of Self-Directed Service Arrangements. Self-Directed Services are implemented by partnering with the CMH. It will not change your access to medically necessary services. If you decide to enter into a self-directed arrangement, your Individual Plan of Service (IPOS) will be amended and you will create a Self-Directed agreement and corresponding budget. You will also have a Financial Management Services (FMS) provider for payment for services.

The types of self-directed services include the following options, or combination of options:

Direct Employment Model. In the Direct Employment Model, you are the employer of record for all employees. You have authority over all employment decisions, including advertising, hiring, wages, and terminating employees. The FMS holds the personnel record for each employee. The CMH provides support and training so you can function as an employer and know all of the documentation requirements required by Medicaid. *(cont. on back page)*

