

## Chapter 2

### Services for Children Overview\_ FY19

MDHHS has two technical requirements that focus primarily on working with children with serious emotional disturbances (SED). The guidelines are also applicable to children with intellectual or developmental disabilities who are experiencing a co-morbid diagnosable mental health or emotional disorder.

- The first, [The Technical Requirement for SED Children](#), establishes criteria for the assessment of a youth for eligibility for services with community mental health agency.
- The second, [The Family Driven/ Youth Guided Policy and Guideline](#), establishes in policy and in practice guidelines the inclusion of parents and youth across the selection, implementation, and delivery of services to children in their community.

Two other guidelines provide guidance for children receiving services regardless of diagnosis.

- The [Choice Voucher for Families](#) is related to self-determination and presents how families can choose the providers who care for their children.
- The [School to Transition Guideline](#) outlines the responsibility of Community Mental Health to support purposeful activities with a goal of employment as children with disabilities age out of school.

The Technical Guidelines provide the foundation for evidence-based services that are available for children and families depending on medical necessity and the needs and choices of the individual families. The current Michigan Medicaid Provider Manual provides the description and requirements of the various evidence-based practices provided at the CMHSPs:

- Home Based
- Wraparound
- Prevention
- Infant Mental Health
- Behavior Treatment that includes Autism Benefit services
- Trauma Focused Cognitive Behavioral Services

Special note regarding the Autism Benefit in Michigan: As of January 1, 2016, the autism benefit for children was expanded to include youth up to the age of 21. The most comprehensive description and outline of the benefit is in the current Medicaid Provider Manual that contains new language to update Michigan's clinical processes with the language used nationally.

In 2018, NorthCare received program approval to offer the [Mobile Intensive Crisis Stabilization Services for Children](#). This service hopes to alleviate the need for children to be psychiatrically hospitalized; however, is not meant to be used in life-threatening situations.